

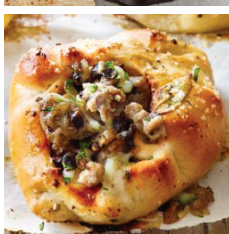


Meal Planner

FEATURING @THEDEFINEDDISH

Need ideas?
Start with *turkey*



WEEK 2	breakfast	lunch	Dinner	@THEDEFINEDDISH
Sun				 TURKEY LASAGNA 
Mon				 HEARTY TURKEY CHILI 
Tues				 TURKEY & ZOODLES 
Wed				 PESTO MEATBALL FLATBREAD 
Thurs				 LIGHT TURKEY CORN CHOWDER 
Fri				 TURKEY FAJITAS 
Sat				 BAKED TURKEY SAUSAGE BUNS 

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